

Introduction to Psychology and Human Behavior (PSY 100)

Credit Hour: 4

Teaching Mode: In-person

Schedule: Monday to Friday (10:30 AM – 1:20 PM)

Instructor: Yasser Hashmi

Description:

The purpose of this 4-credit course is to provide students an overview of the field of psychology, including a brief history of the discipline, research methods, biological bases, learning and cognition, emotion, personality, and motivation, mental health and disorder, and social and cultural aspects of behaviour.